

Booking a holiday abroad

- Take into account considerations depending on your circumstances and your child or young person's disabilities
- Ensure you have comprehensive travel and medical insurance that is appropriate to your needs.
- Research your destination and the facilities that are available, such as ease of access and transport options.
- Consult widely including good guidebooks, disability organisations in the UK, the embassy or High Commission of the country you plan to visit, specialist tour operators and tourist boards.
- Check travel advice (<https://www.gov.uk/foreigntravel-advice>) by country before you travel and while you're there.
- When contacting holiday providers, airlines or hotels, clearly state your needs, and what assistance you require - just telling people your child or young person has a particular disability doesn't mean that they will understand your needs so you must clearly explain them.
- You might find it helpful to use a standard form. The Association of British Travel Agents provides a Checklist for Disabled and Less Mobile Passengers (<http://www.abta.com/resourcezone/publication/checklist-for-disabled-and-lessmobile-passengers>).
- Confirm enquiries, bookings and reservations in writing.
- Double check all arrangements before departure.
- Discuss your preferred means of communication with the travel organiser, for example information in large print or Braille.

Further guidance on foreign travel for disabled travellers can be obtained from www.gov.uk/guidance/foreign-travel-for-disabled-people

Please be advised that travel to countries against government advice will not be funded and any person travelling outside of the UK does so at their own risk.